

Dance Instruction at Lunatic Fringe

All of the instructors are independent contractors. For more information about each teacher, visit their websites and e-mail them directly. Currently, all classes cost: \$15 drop in; \$60 for 5 Sessions; \$100 for 10. Prices subject to change.



Za Za ~ Esperanza ~ Belly - Q

Burlesque - Bellydance Fusion - Monday, 7:30pm - 8:30pm

Ready to add a little bada boom into your shimmy and shake. This class will help you put the "sass" back into the classic beauty of belly dance.



Yolanda - Middle Eastern Dance

Middle Eastern Dance - Tuesday, 7:30pm - 9:00pm

Yolanda will help you discover your grace and beauty through the timeless dance of the Middle East and develop poise at any age or weight with this ancient form of movement and expression. She also discusses cultural understanding of the dance form and music. Students will need to provide finger cymbals and a veil and should wear a leotard or short top, loose pants or skirt, and a scarf around their hips. Mixed Level Class - Hablo español.

Yolanda is a professional dance artist and dance instructor who teaches both choreography and improvisational technique. She has traveled as far as Egypt to study her craft, and now teaches throughout the greater bay area. For more information about Yolanda, her classes and performances, visit her website www.yolandabellydance.com



Celena ~ Folkloric Fusion

Belly Dance Basics - Wednesday, 12:30pm - 1:30pm

Celena will teach a basic understanding of steps, rhythms and finger cymbal patterns to incorporate with movement. Known as the "killer ziller" she will emphasize musical interpretation along with transitions between steps and simple choreography. Bring your zills.

See bio in latest newsletter.



Setareh ~ American Cabaret Belly Dance

Belly Dance Basics - Wednesday, 6:30pm - 8:00pm

Learn the basics of the classic American Cabaret style of belly dance with Setareh. New students will learn the basic movement vocabulary, while experienced students will explore and polish their existing skills. No matter what your goals are, this class will enhance your dance experience. All levels welcome!

Setareh is a professional dancer, fitness instructor and jewelry artist. She has over 15 years of professional experience and performs belly dance at fine Middle Eastern restaurants around the Bay Area. Setareh is the artistic director of the improvisational performance troupe Nour El Ain, and is available for group classes, private lessons and coaching. For more information about dance and fitness visit her website at www.setarehdancer.com



Kathy Stahlman ~ American/Improvisational Tribal Style

ATS - Thursday, 7:30 - 8:45

In the classic ATS style of belly dance the structured movements allow dancers to "shadow" each other, giving and reading nearly invisible body cues as they seamlessly transition from movement to movement. The connection between the dancers is so strong that the audience does not realize that what they are seeing is a completely improvised performance, nothing is choreographed.

Kathy Stahlman is a former member of FatChance BellyDance and has been teaching American/Improvisational Tribal Style (ATS) belly dance since 2002. She has built a reputation as a skilled and compassionate teacher, and is the only Tribal Style teacher in the South Bay with roots in the ATS tradition.



Rayah ~ Youth Dance Instruction

Mommie & Me - Tuesday, 5:45pm - 6:30pm

Young Gypsies - Tuesday, 6:30pm - 7:15pm

Special six week sessions for young dancers interested in a fun and creative movement experience. Learn some beautiful basic moves and simple choreography to perform for your family and friends. Rayah presents a class that focuses on grace and coordination with a special emphasis on fun!

Rayah is a multi award-winning dancer and member of the illustrious Bay Area troupe Nijmeh. Professionally, she has worked with children as a nanny and is now fusing her love of dance with her teaching experience to present a series of innovative dance classes for children.